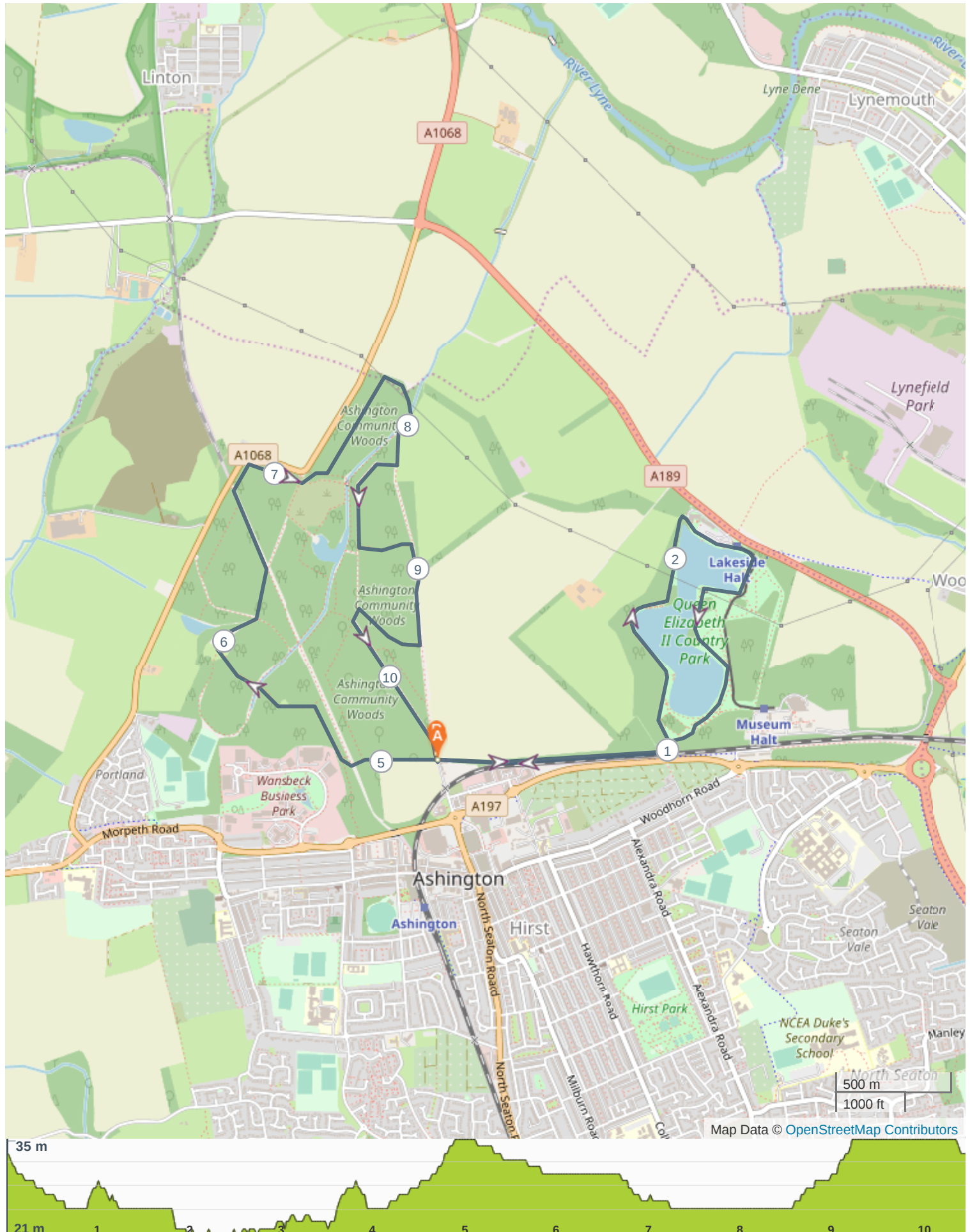


Ashington 10k Trail Run



ROUTE DIRECTIONS

No	Km	Turn	Directions
1	10.446		FINISH