



Swim Route - Junior Aquathlon

Tristar Start (Age 8) - 1 Lap, 100m. Tri Star 1 (Ages 9-10) - 2 Laps, 200m.

Tristar 2 (Ages 11-12) - 3 Laps, 300m.

Tristar 3 (Ages 13-14) - 4 Laps, 400m.