



Emergency Exit Point **SM3**

**Sprint Distance - 1 Lap - 750m**  
**Standard Distance - 2 Laps - 1500m**

Emergency Exit Point **SM4**

**Swim Warm up Area**

LAP 2

FINISH

Pre Swim Assembly

Swim Start & Finish

**SM2** **SM1**

Run to Transition on exit from Lake

**WOODHORN MUSEUM TRIATHLON SWIM ROUTE**

Swim Route

**SM1** Swim Course Static Marshal

Swim Course Buoy